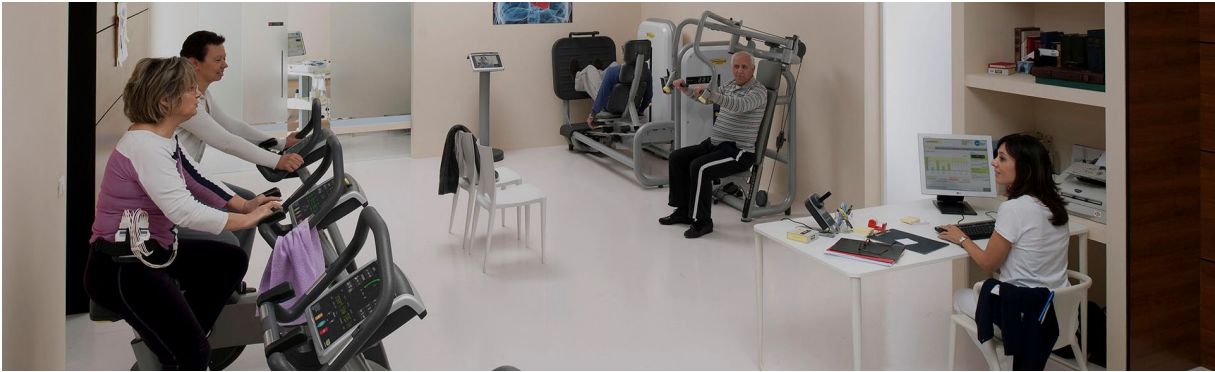


EXERCISE MEDICINE IN CANCER MANAGEMENT ONLINE COURSE AND WORKSHOP



OVERVIEW

This online course and one day workshop is designed to rapidly facilitate and support individuals and organizations to improving patient management and outcomes by providing education, training and operating procedures to assist in implementation of Exercise Oncology services. Through this course and workshop, health and medical professionals will develop skills and knowledge to implement the latest exercise medicine assessment and prescription for their patients.

The Objective

- Research and clinical practice are evolving very rapidly in this field and the participants will be able to implement a world leading program
- Clinicians will be knowledgeable in the latest exercise medicine research and clinical practice for people with cancer
- Extensive assessment tools and sample exercise prescriptions will be ready for immediate implementation
- Participants will have the tools, skills and knowledge to establish an effective exercise medicine clinic for cancer management within a short time frame

The Opportunity

- Train clinicians delivering the exercise medicine programs in patient fitness and health assessment and subsequent exercise prescription and monitoring
- Integrate the exercise medicine clinic into the existing hospitals and cancer centers
- Develop a framework for research activities and outputs

The Solution

- Provide pre-reading and resources in the lead up to the workshop so that clinicians are well-prepared for the intensive day of theory and practical learning



- Complete a one-day workshop on the pragmatic operation of an effective and safe exercise medicine program for people with cancer
- Assessment of exercise medicine needs and capability of the organization with subsequent recommendations regarding equipment, methodologies and program integration

Project Deliverables

Following is a complete list of all course deliverables:

Deliverable	Description
Pre-workshop collaboration platform and e-learning environment	A bespoke Moodle online learning environment will be provided for activities and readings leading up to the workshop. An online discussion group will be incorporated.
Onsite workshop	One-day workshop 9am – 5pm (or as specified) and delivered onsite.
Post-workshop support	The developed e-learning environment will be maintained for 2 weeks following the workshop for any additional discussion, questions or access to resources.

EXPECTED RESULTS

We expect our proposed solution to address requirements to provide the following results:

- rapid up-skilling of clinicians to provide state-of-the-art exercise medicine support for patients undergoing cancer treatment
- development of effective and efficient administrative procedures for the implementation of exercise medicine within a cancer care centre
- facilitation of individual or organization differentiation in the marketplace by taking advantage of the rapidly increasing recognition of exercise medicine as a highly beneficial therapy for people with cancer
- open avenues for potential research and publication

Financial Benefits

- significant saving in clinician time and staff costs by acquiring a bespoke exercise medicine program for cancer patients
- greatly shortened time to market and faster ramp up for income
- differentiation in the marketplace driving greater clinician referral and patient preference

Technical Benefits

- implementation of a safe and effective exercise medicine program proven through research and clinical experience
- improved administrative processes within the exercise medicine clinic
- better patient experience and improved health, function and quality of life outcomes
- greater clinician confidence and satisfaction due to improved patient outcomes